

ITEP: Node-Link Mapping Agenda

Learning Objectives, Agenda & Capability Framework Alignment

A 3 hour online course focusing on ITEP and node-link mapping tools, and how to implement them into recovery-oriented care planning — suitable for workers from a variety of services or those new to the field

Trainer: Tony D'Agostino

Company: TD Consultancy

Delivery: Online — 3 hours

Edition: 2026

Aims & Objectives of the Course

- Describe the role and purpose of ITEP and node-link mapping tools in drug and alcohol treatment
- Demonstrate how to use basic node-link mapping techniques including free maps, information maps and guiding maps
- Build and strengthen the therapeutic relationship through collaborative mapping approaches
- Work with clients to develop and articulate recovery capital using strength-based mapping
- Facilitate goal planning and help clients refine treatment goals through the mapping process
- Identify how to implement ITEP and node-link mapping principles into recovery-oriented care planning

Session Agenda

ITEP: Node-Link Mapping, Goal Setting & Recovery-Oriented Care Planning

10:00am Start — Welcome & Course Overview

10:10am Introduction to ITEP — background, evidence base and purpose

10:30am ITEP & BTEI mapping tools — an overview

10:50am Node-linking & goal setting — principles and practice

11:15am Break (15 minutes)

11:30am Free mapping, information maps and guiding maps — practical techniques

11:55am Goal planning — working with clients to refine treatment goals through mapping

12:20pm Strength-based approach & strength-based maps — developing recovery capital

12:40pm Implementing ITEP into recovery-oriented care planning — next steps in practice

1:00pm Close & Q&A

Capability Framework Alignment

This course aligns with the Capability Framework for the Drug and Alcohol Treatment and Recovery Workforce (NHS England/ OHID, 2024), which underpins the 10-Year Strategic Plan for the Drug and Alcohol Treatment and Recovery Workforce 2024–2034.

Capability Domain (NHS England / OHID, 2024)	Framework Section
Knowledge of ITEP (Integrated Treatment Effectiveness Protocol) and node-link mapping as evidence-based psychosocial tools within drug and alcohol treatment and recovery	<i>Drug and Alcohol Worker: Application of Knowledge</i>
Ability to use node-link mapping techniques — including free maps, information maps, guiding maps and strength-based maps — in direct work with clients	<i>Drug and Alcohol Worker: Harm Reduction, Treatment and Recovery</i>
Ability to build and sustain a therapeutic relationship through collaborative, client-centred mapping approaches that promote engagement and openness	<i>Drug and Alcohol Worker: Engagement, Assessment and Care Planning</i>
Ability to deliver evidence-based psychosocial interventions including node-link mapping, goal-setting and strength-based approaches to support treatment and recovery	<i>Drug and Alcohol Worker: Harm Reduction, Treatment and Recovery</i>
Ability to work collaboratively with clients to identify, articulate and develop personal, social and community recovery capital through structured mapping	<i>Drug and Alcohol Worker: Engagement, Assessment and Care Planning</i>
Ability to develop, implement and regularly review personalised, co-produced recovery-oriented care plans informed by ITEP mapping principles	<i>Drug and Alcohol Worker: Engagement, Assessment and Care Planning</i>
Recovery-oriented approach — embedding strength-based and recovery capital principles into care planning and direct practice	<i>Underpinning Principle: All Roles</i>
Challenging stigma — using collaborative tools to shift power dynamics and promote agency for people in treatment and recovery	<i>Underpinning Principle: All Roles</i>

Underpinning Principles Embedded in This Course

Trauma-informed care • Recovery-oriented approach • Evidence-based practice • Person-centred working • Forming a working alliance • Therapeutic optimism • Challenging stigma • Co-occurring needs and multidisciplinary working

Note: National Occupational Standards (DANOS/NOS) are retained within the National Occupational Standards library but are no longer the primary workforce development reference for the drug and alcohol treatment and recovery sector. This course uses the NHS England / OHID Capability Framework (2024) as its primary alignment standard.